

ænglojęzycznie
Lucy Tomaka



English **POWER HOUR**

FREE TRAINING



**Pub English & Natural
Social Expressions**

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Anglojęzycznie

REAL BRITISH EXPRESSIONS YOU'LL ACTUALLY USE

Going out for a drink after work, meeting friends at the pub, or simply chatting in a relaxed social situation all require a slightly different kind of English.

In real life, **people don't speak in textbook sentences**. They use natural reactions, informal invitations, playful questions, and everyday expressions that help conversations flow easily and feel more human.

This guide includes useful **British English phrases connected with socialising, pub culture, ordering drinks, small talk, and ending a night out naturally**. These are expressions you are genuinely likely to hear and use in everyday situations.

Use them to sound more relaxed, more confident, and more natural in spontaneous conversations.

Cheers and enjoy practising

Lucy Tomaka

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ZAPISUJĘ SIĘ

INVITING SOMEONE FOR A DRINK

Fancy a pint?

→ Would you like to go for a beer? (informal, friendly invitation)

Fancy a pint after work?

Are you up for a beer?

→ Are you interested in going for a drink?

Are you up for a beer later?

Let's go down the pub.

→ Let's go to the pub together.

It's still early, let's go down the pub.

Let's get a cheeky pint, shall we?

→ Let's have a quick, slightly spontaneous drink.

Come on, let's get a cheeky pint before heading home.

Mate

→ Informal way of addressing a friend or colleague.

You alright, mate?

ORDERING DRINKS AND FOOD

Can I get...

→ Informal way to order something.

Can I get a pint of lager, please?

I'll have...

→ Polite and natural ordering phrase.

I'll have a glass of white wine, please.

I'll go for...

→ Used when choosing something.

I think I'll go for a Guinness.

What do you recommend?

→ Asking for suggestions.

What do you recommend on tap?

Fancy trying that IPA.

→ Suggesting something interesting or new.

Fancy trying that IPA they've just put on?

Just a soft drink for me.

→ Saying you're not drinking alcohol.

Just a soft drink for me tonight.

PUB CULTURE & USEFUL VOCAB

Local

→ Your regular neighbourhood pub.

This place is my local.

I'm a regular there.

→ I go there often.

They know me, I'm a regular there.

Rammed

→ Extremely busy or crowded.

The pub was absolutely rammed on Friday.

Buying a round

→ One person buys drinks for everyone in the group.

It's my round next.

What's your poison?

→ Playful way to ask what someone wants to drink.

Right then, what's your poison?

Spritzer /'sprɪtsə(r)/

→ White wine mixed with sparkling water.

I'll just have a spritzer tonight.

Mocktails

→ Cocktails without alcohol.

They've got some nice mocktails here.

WHEN YOU FINALLY SIT DOWN

Cheers!

→ A toast before drinking, also means "thanks".

Cheers, everyone!

I'm gasping (for)...

→ I want or need something badly.

Mate, I'm gasping for a drink.

This is exactly what I needed.

→ This feels perfect right now.

Honestly, this pint is exactly what I needed.

TALKING ABOUT BEING TIRED OR STRESSED

Knackered/shattered

→ Extremely tired.

I'm absolutely knackered after today.

Back-to-back meetings

→ Meetings scheduled one after another.

I had back-to-back meetings all morning.

Sounds rough.

→ That sounds difficult or unpleasant.

You worked all weekend? Sounds rough.

Are you having a laugh?

→ Expression of disbelief or surprise.

Another deadline today? Are you having a laugh?

ORDERING ANOTHER DRINK

My round.

→ I'll buy drinks this time.

Don't worry, it's my round.

Same again?

→ Do you want the same drink as before?

Same again, or something different?

Tipple of choice

→ Someone's favourite alcoholic drink.

What's your tipple of choice these days?

Go on then. Just a small one.

→ Agreeing to another drink slightly reluctantly.

Alright, go on then. Just a small one.

I don't mind if I do.

→ Polite, slightly humorous acceptance.

Another glass? Well, I don't mind if I do.

ENDING THE NIGHT

One for the road

→ A final drink before leaving.
Shall we have one for the road?

I'm gonna call it a day. Gonna = going to

→ I'm going to finish for now.
Right, I'm gonna call it a day.

Right, I'm off.

→ I'm leaving now.
Right, I'm off. See you Monday.

I've had enough for tonight.

→ I don't want anything more tonight.
I've had enough for tonight, thanks.

I've got an early start tomorrow.

→ I need to wake up early.
Can't stay late, I've got an early start.

I'll let you go now.

→ Polite way to end a conversation.
Anyway, I'll let you go now.

Natural English isn't only about vocabulary.

It's about reactions, confidence, and knowing what people actually say in real-life situations.

Try using a few of these expressions next time you meet friends, chat with colleagues, or travel abroad. Have fun with it!

If you'd like to practise more real-life British English, join one of my live English Power Hour sessions or explore my courses focused on modern spoken English and pronunciation.

See you there

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